



First Presbyterian Church of SANTA BARBARA

The Patio News

February 2012

The Monthly Newsletter of the First Presbyterian Church of Santa Barbara
21 East Constance Avenue, Santa Barbara, CA 93105
805.687.0754 www.fpcsb.org

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**Pastors: Rev. Dr. Peter Buehler, Rev. Judith Muller,
Rev. Erik Wiebe, & Rev. Anne Shelton**

Ash Wednesday

Prepare for the Lenten Season with our
Ash Wednesday service at
7:00 p.m. on February 22nd in the Chapel

Then continue this season of preparation each of
the following Wednesdays in Lent with our

Soul Food Celebration

5:30 p.m. in the CFC for dinner and fellowship.
Then singing, learning and spiritual nourishment.
And we'll finish by 7:30. The theme this year is
Prayer Across the Generations

At the conclusion of Lent join us on
5 April at 7:00 in the Chapel for our

Maundy Thursday Service

Sunday Worship Schedule

8:30 a.m. Chapel Worship
With communion each Sunday

**9:00 a.m. Informal Worship
and Sunday School**

10:30 a.m. Sanctuary Worship

**Nursery Care is available
8:45 — 11:45 a.m.**

Pastors Message & Member Updates

Church Office Hours
Monday - Friday
9:00 a.m. - 4:30 p.m.
805.687.0754



Betty Smyth.

May Willhite, died at the age of 101 on January 17.

Harry Iddings, January 15.

Want 2012 to be more GREEN?

Sign up to receive the Patio News via e-mail only.

1. Save a tree
2. Save printing expense
3. Save postage expense
4. Save a trip to the post office
5. Save re-cycling the paper

View the newsletter in full color, forward to friends and family.

E-mail Hannah at the church (hgustavson@fpcsb.org) to start your electronic subscription.

Note: You can e-mail your editor at; pationewsfpcsb@gmail.com

Peter's Post



Rev. Dr. Peter Buehler, Pastor

This year the season of Lent begins on February 22, Ash Wednesday. As is our custom, we'll start with worship—at 7:00 p.m. in the Chapel. This is a special time, not only because we'll be together on a week-day evening in this special way, but because we'll pause together to mark the importance of this season of lengthening, this season for deepening faith. I look forward to being blessed by the Spirit and by your company.

On the following five Wednesdays, February 29-March 28, we'll share in a Soul Food series, following the 5:30-7:30 p.m. format (dinner together at 5:30, then singing and teaching, finishing at 7:30 p.m.). Our theme during these Lenten Wednesdays will be Prayer Across the Generations. We'll consider both the special needs of different age groups as well as our common ground as we grow in the gift of prayer. We'll hear one another's experience and guidance, as well as wisdom from the scriptures. Once again, the Soul Food series will take place in the Christian Fellowship Center. Bring your children, your grandchildren, your parents, your grandparents, and your neighbors.

Then, as Lent draws to a close, join us in the Chapel for worship on Maundy Thursday, April 5 at 7:00 p.m. How good it is to be together!

Grace and peace,

A handwritten signature in black ink that reads "Peter".

From Erik's Session Report

My trip to the Davidson Clergy Center in North Carolina was nourishing and refreshing. The entire trip was paid for by funds from Presbyterian Disaster Assistance, for which I am deeply grateful.



**Rev. Erik Wiebe,
Associate Pastor**

The retreat time drew from significant encounters with excellent professionals: counselors, fitness trainers, spiritual directors, trained group facilitators, and ministry coaches. This time of self-care and growth helped to pave the way for healthy ministry in the future. Thank you for your prayers and encouragement.

Our family welcomed a newly-formed Life Group into our home on Sunday evenings. We are glad to be taking an active role in facilitating this excellent ministry, and are grateful to be utilizing our home and hospitality to engage our group in important conversations around faith and life.

A Christian Education major at Westmont is providing an educational time for the children while the adults engage in their conversation. We are glad to be hosting such inter-generational education!

Lead-up to the two significant conferences being hosted by our congregation has exercised much of our energies! By the time you read this, the Mission Conference will be "in the books" and the Princeton Seminary Youth Seminar will be finished. We trust that God is at work in significant ways as the wider church gathers to listen to one another and learn about ways of engaging in healthy, prosperous, lifegiving mission and ministry.

Preparations for Soul Food are well underway. Meeting during Lenten Wednesdays this year, the focus will be on "Prayer Across the Generations," and will involve a time of teaching, as well as a time of sharing and Q&A with people from the congregation, across the generations. Soul Food this Lent promises to be a time of much nourishment and deepening of faith.

Jottings from Judith



**Rev. Judith Muller,
Associate Pastor**

Excerpts from Judith's session report.

The Senior Activities Program held a special Christmas luncheon to encourage participation. We had some first time visitors and continue to plan for and invite active seniors to attend. This program seeks to maintain the health of seniors by focusing on aspects of an active life, fellowship, humor, continuing education, exercise, good food and just plain fun.

Peter and I participated in the Blessing service of the New Cottage Hospital. Many clergy participated in this service and a book of Blessings was received by the Rev. Pam Washburn, Director of the Department of Spiritual Care, with blessings and prayers from many members of the clergy. There is more construction to come as this part concludes only Phase 4 of 7.

The Mission Conference promises to be a day and a half of inspiration, education and a focus on our missionary calling. I hope as many of you as can will participate. Thank you to Chuck Curtis and all who assist him, for this wonderful event.

I hope your Epiphany Star is guiding you through this season and directing you into new ventures and enthusiasm.

Blessings

Judith

Lifelong Learning



Adult Education

January 2012

9:00 a.m. Anderson Lounge

Feb. 5,12, 26 Awakening the Quieter Virtues
Presenter: Greg Spencer PhD
Professor of Communication, Westmont College

Awakening the Quieter Virtues: How do we make our way in a noisy culture, a pace that screams at us to get going? Greg Spencer will explore what it means to follow Christ in such a culture, focusing on three or four of the "quieter virtues" (discernment, contentment, reverence, etc.) that he examines in his book recently published by IVP.

Feb. 19 My Spiritual and Professional Journey to Santa Barbara
Presenter: Kate Wiebe

Kate Wiebe, in addition to being a pastor's wife and mother of three children, has an academic and professional life of her own. Come and hear about all the things that keep her busy.

Not a member yet?

Come learn about what church membership might mean for you.

Winter 2012 INQUIRERS CLASSES

Tuesday, February 7

7:00 p.m. - 8:30 p.m. in Anderson Lounge

Monday, February 13

7:00 p.m. - **8:30 p.m. at Peter & Kati Buehler's home**

Child care provided upon request.

Contact Hannah Gustavson with questions, or to sign up:
(805.687.0754 x 101) hgustavson@fpcsb.org

Mission Then and Now: Lithuania

By Chuck Curtis, Director of Mission and Evangelism

Lithuania was the last European country to become Christian. A war-like people, they resisted early mission attempts. Only a few Lithuanian Christians are noted in history prior to the 14th century. A King Mindowe was baptized in 1251, but after his death there is little or no evidence of the faith in Lithuania.

In 1386 King Jagiello, continuing the generations-long fight with the Teutonic Knights, turned to Poland, a Roman Catholic country, for help. In exchange for their help Jagiello agreed to marry a Polish princess and to be baptized. After their wedding she converted him. As he returned to Lithuania from Poland he was accompanied by numerous clergy, one of whom became the first bishop of Vilnius. And so began the spread of Western Christianity throughout Lithuania. Western, Roman Christianity grew much faster than Eastern Orthodoxy, and the Lithuanian church was Slavonic, not Germanic. By the mid-17th century Roman Catholicism had gained dominance as the religion of Lithuania.

Lithuania today is 79% Roman Catholic, 4% Russian Orthodox, and 2% Protestant. Among the Protestant minority is Rev. Jane Holslag, PCUSA missionary. She teaches in LCC International University, in the port city of Klaipeda. She teaches English and theology, and she handles some administrative duties. LCC was founded in 1991 to provide Christian liberal arts education to students from Lithuania and many other European countries. Established in 1991 by a joint venture of Lithuanian, Canadian, and American foundations, LCC offers a unique, future-oriented style of education and an interactive academic environment. The LCC education places broad-based education within the context of a Christian academic community in order to extend education beyond the classroom. Current student enrollment is 650 (60% from Lithuania, 40% International), who come from more than 20 countries of the world.



Mission in the Neighborhood

First Presbyterian Church of Santa Barbara supports and prays for these local missions:

- The Freedom Warming Shelters
- Christmas International House
- Sonshine Rest Home Ministry
- The Safe Parking Program
- The Community Kitchen
- Senior Living Concepts
- The Rescue Mission
- Ladera Bible Club
- The Unity Shoppe
- Transition House
- The Jail Ministry

Youth & Children

First Presbyterian Youth Senior Spotlight

Amanda Hur

How long have you been going to FPCSB?

I have been going to First Presbyterian since I was around a week old.

What are you hoping to do after graduation?

After graduation I am going to a four year college to get a BA- bachelor of arts in Business, and then to Cosmetology School to become a hair dresser, and then some day own my own salon!!

What do you think you'll miss most about high school?

Performing and competing for my school dance team, the Marquettes.

What's your favorite part about being a part of FPCSB? How has your church experience helped shape who you are today?

Being able to talk to and help the elders on to the church vans once a month is my favorite part of life at First Pres., because I get to bond with and build friendships with many different people from our church. Without this church my faith would not exist. This church has nurtured my faith and allowed me to take mission trips to spread my faith. The church has allowed me to go to summer camp and grow with God and find my strengths as a follower of Christ.

What's something you'd like to share that most people wouldn't already know about you?

I have a love for the outdoors, I enjoy biking, surfing, snowboarding, skating, running, and hiking!!



What's Happening For Youth

Regular Events:

Wednesdays

Jr. High Group in the Youth Lounge

6:00 - 7:30

High School Group in Youth Lounge

7:00 - 8:30

Sunday Mornings

Jr. High Sunday School

Begin at 9am worship then Youth Lounge for our own time.

High School

Coffee Shop Pilgrimage



Josh Murray Director of Youth Ministries

Office 805.687.0754 ext 104,
cell 805.279.2391,
JNMurray3@yahoo.com



Adelle Rodkey Director of the Cherub Choir

805.687.0754



Susan Croshaw Director of Children's Ministries

Office 805.687.0754 ext 115,
scroshaw@fpcsb.org





Sunday School for February:

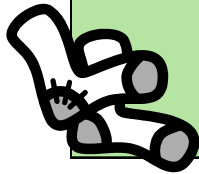
Toddlers and PreK January theme is Jesus Loves the Children with teacher Maybel Frazer

Early Elementary ages (K-2) January was Water and February is lessons on Fire, with Susan Croshaw!

Upper Elementary (3rd & 4th) Lessons on Symbols

Thank you for all the donations to our Sunday School Sock Box.

We collected adult socks for distribution to the Warming Shelter (hosted at our church the first week of the month).



We also collected baby and children's socks which are for Transition House.

Sunday, Jan. 29

Combined service (9:45 in the CFC) and congregational meeting (following). **Cherub Choir** will sing at the beginning of the Congregational meeting!

Sunday, Feb. 5

3rd grade students receive their Bibles in church at the 9:00 service

Tuesday, Feb. 7

4:30 pm: Youth and Children Ministries committee meeting in the Youth Annex

Friday, Feb. 10

Family Fun at UCSB
Free game for families: Men's Volleyball at 7:00 pm at Rob Gym. **RSVP to Susan via email to get on the will call list**

Wednesday Feb. 29

Soul Food begins (5 weeks) on Wednesday nights! Come eat dinner at 5:30 (\$10 per family, and stay for singing and lessons. Children's program with Susan and Mark Croshaw



Even though Woodstock's was closed for renovations, we went to plan B (Giovanni's Pizza) and ended up on the bluffs for photo opportunities during our last Family Fun event...
The Monarch Butterfly Reserve Walk (January 15).

Healthful News

"We can understand with our heart" (Deut. 8:5)

Friday February 3rd is National Wear Red Day. This national call is for both men and women to take charge of their health and to protect you against heart disease. This is all about your personal choices, your personal risk factors and your personal control. Heart Disease is the number #1 killer of both men and women.

No one wants to think about a heart attack but women's heart attacks may often go undiagnosed. Women tend to ignore their symptoms, they are reluctant to call 911, and thus are less likely to survive a heart attack. In addition women's signs and symptoms of heart attacks can be different from men's. Researchers found that during a heart attack, 43% of the 515 women studied had no "acute chest pain... a 'hallmark symptom in men.'" States Nieca Goldberg, MD, a female cardiologist, "women can have chest tightness however; it might not be their main symptom." Actually women can start to experience symptoms weeks before an actual heart attack. In the Circulation study, common female heart attack symptoms include: shortness of breath (57.9%), weakness (54.8%), and unusual fatigue (42.9%). Women also had symptoms of: nausea, dizziness, lower chest discomfort, upper abdominal pressure or discomfort that may feel like indigestion, and back pain.

Many doctors and women themselves are unaware that female heart attack symptoms can look very different than those of men. Doctors may mistake a heart attack for indigestion, stomach ache, anxiety or pulled muscle. As women we need to pay attention to our bodies and to speak up and request an EKG if we feel it is warranted. It is better to rule out a heart problem and return home in peace than to return home without the proper testing and wonder if it might have been a heart episode.

Blessings Sharon

Sharon Troll, RN
Parish Nurse
Parish Nurse—Hours Tuesdays
Call for appointment
(687-0754x103)
or email strollrn@aol.com



Save the Dates

"5 Wishes": A seminar for you and your loved ones.

March 17th, 2012, 9-12 noon

Tai Chi For Wellness

Starts Tuesday, Feb 7th, 12-1pm, Garden Room

First Presbyterian Church Health Survey Results

Top 5 Health Issues

- **Sleep Problems**
- **Weight Loss Challenges**
- **Facing Transitions**
- **Need for Increased Laughter & Humor**



PRESBYFOLKS
February 25
1:00pm
UCSB vs. CSULB

Presbyfolks is going to a basketball game on **February 25. Join us!** We will watch the UCSB Gaucho women take on the women of Cal State Long Beach. **Game time is 2:00 PM in the Thunderdome.**

Cost is **\$8.00** including your ticket to the game and transportation on the church van.

Reservations Required! Sign up on the patio or call Hannah at the church and then meet at the church on Saturday, February 25. **The van will depart at 1:00 PM sharp.** We will return to the church after the game, probably about 3:30 to 4:00 PM.

The Clippers *Will Meet on the Third Friday this month*



Friday, February 17th
Stay tuned for the program
Social hour at 5:30
Dinner by Kay at 6:00
Program at 7:00

Cost is \$13 per person, reservations required.
Sign up at the church

***“A reservation Made is a
Reservation Paid!”***

Chariot of Friends

We are going to

Ojai Café Emporium in Ojai.

*Call Pat Corn for reservations on
February 15th*

Price is \$15.00 and people are to turn in their menu choice to Pat and also let her know if they are planning to have the Vans pick them up, meet at Church at 9:30 or meet at the restaurant in Ojai at 11:30.



Warming Shelter



Once again this year your church will open its doors as a warm place to sleep for area homeless when the weather is too cold or if rain is predicted. We will be on standby one week a month through the winter.

Besides providing a warm place to spend the night the program also provides a evening and morning meal.

To be part of this wonderful outreach mission please be in touch with:

Bert Willoughby at: 805.
Or bertw@cox.net

FOOD



FIRST SUNDAY
of each month,
bring non-
perishable foods
for



Transition House
In-Gathering

News & Notes

Concerts at State & Constance
Save the Date

Chelsea Chen Concert 10 February 2012

7:30

We are privileged to have in Concert, in our Sanctuary, on Feb. 10, 2012, at **7:30 p.m., Miss Chelsea Chen.** Miss Chen is an Internationally acclaimed and World Class Organist. A graduate of Juilliard and Yale University, Miss Chen has electrified audiences throughout the US, Europe and Asia. Renowned for her "rare musicality," her "lovely lyrical grandeur" and a compositional style that is "charming and irresistible" (LA Times), Chelsea is one of the most promising organists of her generation.



This may prove to be Santa Barbara's Musical Event of the Year. Tickets are available for \$20.00 and Sponsors Tickets for \$100.00. Sponsorship Tickets include reserved seating and a reception with the artist following the performance. You won't want to miss this exceptional occasion.

The Flower Guild

The Crèche in the Sanctuary at Christmas was arranged by Gena-Vera Niblack. This nativity set was commissioned by the Flower Guild to Bernadette Bakker in 1997. Bernadette was an artist who designed leaded glass windows as well as smaller pieces. Bernadette and Mark Bakker were married in the First Presbyterian Church on May 16, 1987. She passed away in September, 1999. During the Christmas Season 2007, the angel of the Boehm Nativity scene was stolen while it was on display at the back of our church. On January 8, 2008 a new angel was purchased from the Boehm Co. for \$192.00. The angel now blows a trumpet during Christmas.

I will add to the history of crèches next month.

Poinsettias were more brilliantly red this year than in the past. The Sanctuary reflected the beauty. The guild unsheathed over one hundred plants while Allen Braithwaite placed them for display. Many breaths were "taken away" with such a presentation.

Flower Guild is planning a new arrangement under the Christ Risen Window. Creating something large enough to show from the back of the church takes the effort of all the members.

Thanks to all who helped to balance the Flower Guild account. A few outstanding accounts remain. The unpaid requests extended over two years and needed help of all to clear them. This year we will make an effort to collect on time.

MEMBERS: Allen & Ann Braithwaite; George & Jeanne Goodall; Gena-Vera Niblack & Virginia Hankins

Organ Repair Fund

Our Sanctuary organ is one of the finest between Los Angeles and San Francisco. However; 32 of the foot related pipes need replacing. Recently one of the pipes did its own tune and it could not be stopped.

Nelson Huber worked with Cassavant, the original organ maker, to have them install the new pipes, (before the Chelsea Chen concert) providing them to our Church at their cost, of \$30,000.

There is no money in our budget for this cost. We are asking the congregation and our friends to help with this unexpected expense by "purchasing a pipe" (or part of a pipe) in order to maintain this gorgeous musical instrument for a long time into the future. Contributions to this effort should be noted "organ repair fund."

Please give this your prayerful consideration. If there are questions or concerns, please call—Dan Cross, 729-0924, Finance and Facilities Team Member.

Presbyterian Women

"Happy Birthday to Everyone!"

Come celebrate your birthday at our
"It's Everybody's Birthday" Party!

Monday, February 27, 2012

5:30pm to 7:00pm

Games, birthday cake,
and entertainment, too!

Bring a birthday card to give
away,



and your age in nickels, dimes, quarters
or dollars for the



Birthday Offering.

2012 Birthday Offering Recipients

Circle of Friends: Celebrating Life, Inc., Living Water for Girls, Peachtree City, Georgia - Will rescue, rehabilitate and provide safe refuge for young American girls who are victims of sex trafficking and exploitation.

New Opportunities for Romanian Orphaned Children (NOROC), Gymnasium and Activity Center, Tulcea, Romania - Facilitates the spiritual, social, physical and emotional development of orphaned children.

Solar Under the Sun (SUTS), Irving, Texas - Trains lay people to lead teams in the installation of solar-powered energy systems to provide clean, inexpensive and long-lasting energy in low-income communities.

Everyone is welcome to join us for the PWP Spring Gathering

Bearers of Hope:



**PRESBYTERIAN
DISASTER ASSISTANCE**

OUT OF CHAOS, HOPE

Saturday, March 24, 2012 – 9:30 am – 2:30 pm

featuring as guest speakers: **Kate Wiebe** and **Rev. Suzanne Malloy**

with worship led by **Rev. Anne Shelton**

commissioning service by **Rev. Judith Muller**

and special opening music by **Dr. Emma Lou Diemer**

Workshops include:

Disaster Preparedness – American Red Cross

Caring Cards – making cards of compassion

How to help children cope with trauma – Kate Wiebe

Compassion Fatigue – Suzanne Malloy

See brochure for more details.

Cost: \$10

Childcare and transportation available by reservation.

First Presbyterian Church
21 East Constance
Santa Barbara, CA 93105

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FIRST PRESBYTERIAN CHURCH

21 E. Constance Ave, Santa Barbara, CA 93105
(805)-687-0754



Senior Activity Program

February 2012

February 3—Friday

10:00: Gathering Time
10:15: "Aging Well in Faith" with the Rev. Judith Muller
11:15: Movement and Motion—with Nicole Clancy
12:15: Birthday Lunch
1:00: Pictionary! What a blast! Come join us.

February 10—Friday

10:00: Gathering Time and **Valentine Box**
10:15: Friday at the Movies: *The Lost Valentine* with Betty White and Jennifer Love Hewitt.
11:15: Movement and Motion
12:15: Great lunch.
1:00: *Lost Valentine* Part 2.

February 17—Friday

10:00: Gathering Time
10:15: Medley of Guitar and Song with Agris Petersons.
11:15: Movement and Motion
12:15: A Fabulous Lunch
1:00: Bible Study with the Rev. Judith Muller.

February 24—Friday

10:00: Gathering Time
10:15: Update on The Family Service Agency. It is the oldest in the country.
11:15: Movement and Motion
12:15: Terrific Lunch
1:00: B-I-N-G-O
Got prizes?

MEMO

We are waiting to welcome YOU.



Bring an unsigned Valentine on Feb. 10 and receive one too.



Questions or suggestions?
Call Nancy Johnson
at 967-7675

The Senior Activity Program is for active and independent seniors and not for those requiring care or supervision.